

COMMON TOXIC INGREDIENTS: MASSAGE OIL	
Alcohol, Isopropyl (SD-40)	Solvent and dehydrator that strips the skin's natural acid mantle, causing dryness, irritation and susceptibility to bacteria, moulds and viruses. Causes skin pigmentation.
Benzalkonium Chloride	Found in baby bath oils (both prescription and non prescription). Strips mucous membranes therefore a skin irritant.
C, D, & F Colour Pigments	“-eth”, or “oxynol-“ Synthetic colours made from coal tar. Contains heavy metal salts that deposit toxins onto the skin, causing irritation and skin sensitivity. Animal studies have shown almost all colour pigments to be carcinogenic.
Fragrance	‘Fragrance’ can indicate the presence hundreds of different ingredients, many of those carcinogenic. Fragrance is artificial and is known to cause headaches, dizziness, allergic rashes, skin discoloration, violent coughing and vomiting, and skin irritation. Clinical observation proves fragrances affect the central nervous system, causing depression, hyperactivity, and irritability.
Lanolin	Any chemicals used on sheep will contaminate the lanolin obtained from its wool. Majority of lanolin used in cosmetics is highly contaminated with pesticides.
Mineral Oil Paraffin Oil Liquidum Paraffinum Paraffin wax Petroleum	Petroleum by-product that coats the skin like plastic, clogging the pores. This interferes with the skin's ability to eliminate toxins, slows down skin and cell function. Therefore causes acne and other skin disorders. As a petroleum by-product can be contaminated with carcinogen PAH's (Polycyclic Aromatic Hydrocarbons).
Paraben preservatives (methyl, propyl, butyl, and ethyl)	Widely used as inhibitors of microbial growth and to extend shelf life of products. Caused allergic reactions, irritation and rashes. Symptoms include redness, itching, and pain.
Polyethylene Glycol (PEG) compounds	Adjusts the melting point and thickens products. Potentially carcinogenic petroleum ingredient that can alter and reduce the skin's natural moisture barrier. This increases susceptibility to bacteria and infection.
Stealkonium Chloride	Initially developed as a fabric softener but now found in hair conditioners and creams. Causes allergic reactions and skin irritation.